Carter Lake Newsletter

Hello,

Last month we had our volunteer dinner which is an annual event. It celebrates all the boards and the volunteers with a night out and camaraderie and a good time. I wish we could do more. When you see the dedication and time these people put in just because they are proud to call Carter Lake their home. If you would like to join our team, stop by City Hall, and fill out an application and we will do the rest.

This year's Fire Department honorees are:

Fire Fighter of the year: Greg Stephans EMT of the year: Ranelle Moraski Rookie of the Year: Ariana Wise

Like every business, the city has jobs available. We are currently looking to fill positions in the Police and Maintenance Departments.

At the last City Council meeting, the council approved a private contractor to install fiber optics citywide. I will keep you informed of the schedule and scope of the project.

Mike O'Bradovich has served this City as our attorney for two different terms for many years. He helped us grow and provided guidance along the way. He has chosen to step down after many years of service. His assistance is greatly appreciated. Last month, the council appointed David Levy as our new City attorney. He is highly recommended as part of the Baird Holm Law Firm. I look forward to a long-standing relationship with David as well.

The last few weeks have been very difficult for many with the snow and cold weather. It has kept people boxed up inside. Remember, our Community Center offers transportation for seniors wanting to attend the events or programs at the Community Center; also, providing meals for home bound seniors, delivered to your door.

The Community Center and Library is open six days a week; as well the fitness center is open 24 hours a day and seven days a week for your needs. Stop in and see the benefits of becoming a member. We have a great staff and many programs. Sincerely, Mayor Ron Cumberledge

IF YOU LOVE THEM... LICENSE THEM.

Please registered your pets today



\$10 Neutered/Spayed \$15 Non-Spayed

\$5 late fee if registered after March 1st Proof of current rabies vaccination is **required** with the registration

TOP REASONS TO LICENSE YOUR ANIMAL:

- · It greatly improves your chance of getting your animal back if it goes missing
- · It lets police officer know your animal is up to date on its rabies vaccine
- · City Ordinance requires dogs and cats be licensed in Carter Lake

City of Carter Lake

950 East Locust Street Carter Lake, IA 51510 Phone: (712) 347-6320

Fax: (712) 347-5454

Website: www.cityofcarterlake.com
Did you know you can view city
council meetings via YouTube?
Find VIDEO on the city website and it
will open the YouTube channel.
MAYOR

Ron Cumberledge (712) 847-0532

CITY COUNCIL

 Victor Skinner
 (402) 658-1813

 Jackie Wahl
 (402) 679-2116

 Jason Gundersen
 (402) 680-6555

 Aaron Grell
 (402) 677-3631

 Jacob Hanika
 (402) 690-8847

DEPARTMENTS

Animal Control (402) 658-1722 **Building Inspector** (712) 347-6320 City Hall (712) 347-6320 Community Center (712) 847-8565 Library (712) 347-5492 Maintenance (712) 347-5952 **Parks** (712) 847-8565 Police (712) 347-5920 Stormwater concerns (712) 347-6320





CALLING ALL **VOLUNTEERS!**

WE NEED YOUR HELP!!

DID YOU KNOW

THE CITY OF CARTER LAKE IS ALWAYS

SEEKING VOLUNTEERS?

RESIDENTS WHO WISH TO BE

CONSIDERD FOR APPOINTMENTS TO

BOARDS SHOULD APPLY AT CITY HALL

OR REQUEST APPLICATION VIA EMAIL

SEND REQUEST TO CLERK. ASSISTANT @ CARTERLAKE - IA. GOV





KIDS FITNESS AND FUN!

Speed, Strength, and Agility!

Youth (5-17) may join the coaches at the CLCC for 1x/week training on Speed, Strength, and Agility. Wednesday evenings from 6pm-7pm the coaches at the CLCC will help keep your kids in shape and improve their sport performance!

Fitness Certification!

Available for ages 10-99*, the CLCC offers a Fitness Safety Course! The coaches at the CLCC will take one hour to teach safety and mechanics when using the fitness equipment available! Classes available Monday, Tuesday, and Friday evenings from 5pm-7pm.

> *Fitness safety course required for ages 10-13 for them to use the fitness room with a parent or guardian















OPEN TO AGES 10 & UNDER

MAYBREY PARK



February Fitness Schedule

YADNOM

BODYPUMP

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5:15AM

SILVER SNEAKERS

9:00AM

YOUTH WEIGHT TRAINING

3:00pm-6:00pm

BOOTCAMP

CERT/SAFETY COURSE

5:00PM

THURSDAY

CHAIR YOGA

11:00AM ADULT WEIGHT TRAINING

> 11:00AM-1:00pm BABY & ME

2:30 PM

MINDFULNESS/MEDITATION

4:00 PM

ADULT WEIGHT TRAINING

5:00pm-7:00pm

POUND

5:45 PM

BODYBALANCE

6:15 PM

TUESDAY

CHAIR YOGA

11:00AM

ADULT WEIGHT TRAINING

11:00AM-1:00pm BABY & ME

2:30 PM

2:30 PM

MINDFULNESS/MEDITATION

4:00 PM

ADULT WEIGHT TRAINING

5:00 PM-7:00pm

CERT/SAFETY COURSE

5:00PM BOOTCAMP

5:30PM

BODYBALANCE

6:30PM

FRIDAY

SILVER SNEAKERS

9:00AM YOGA

6:00PM

CERT/SAFETY COURSE

5:00PM

Carter Lake

Community Center

Dedicated to community, fitness and recreation

WEDNESDAY

V

O

BODYPUMP

5:15AM SILVER SNEAKERS

9:00AM

YOUTH TUMBLING

4:00 PM - 5:00PM

BODYPUMP

5:30 PM

YOUTH SPEED & AGILITY

6:00PM

DANCEFIT

6:30 PM

BODYCOMBAT

7:15 PM

SATURDAY

BODYPUMP

7:00AM DANCEFIT

10:00AM

- 1

00

SENIOR CALENDAR

Febluary

2024

Enjoy games, coffee & conversation M-F

10A-4P

Check out the Fitness/Rec

schedules, too!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
96		Basi		1	2 BINGO 12:30P-2P	3
4	5 BINGO 12:30P-2P	6	7 BINGO & LUNCH 12:30P-2P	8	9 BINGO 12:30P-2P	10
11	12 BINGO 12:30P-2P	13 BINGO NIGHT 5P-7P	14 BINGO 12:30P-2P	15	16 BINGO & Angel's Care Ed. 11:30P-2P	17
18	19 BINGO 12:30P-2P	20	21 BINGO & LUNCH 12:30P-2P	22	23 BINGO 12:30P-2P	24
25	26 BINGO 12:30P-2P	27	28 BINGO 12:30P-2P	29 BIRTHDAY NIGHT 5P-7P		I.

CARTER LAKE PUBLIC LIBRARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 CLOSED	STEAM EDUCATION 4-H CAREER ACADEMY 1:30 PM - 3:30 PM NEB. WRITERS COLLECTIVE TEEN WRITING WORKSHOP 4-5 PM	30 WHEN I GROW UP NURSE STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5 PM	31 3RD TO 5TH GAMING CLUB 3:30-5 PM	01 LOVE STORYTIME 10:30-11:30 AM LAKER'S REVIEW BOOK CLUB CL AFTERSCHOOL BOOKCLUB 4:15-5 PM 6TH-12TH GAMING CLUB 3:30-5 PM	02 3RD- 5TH GAMING CLUB 3:30-5 PM	03 **NEB. WRITERS COLLECTIVE WRITING WORKSHOP 16+ 1-2 PM**
04 CLOSED	05 NEB. WRITERS COLLECTIVE TEEN WRITING WORKSHOP 4-5 PM STEAM EDUCATION 4-H CAREER ACADAMY 1:30-3:30 PM	06 HEARTS STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5 PM	07 CL ELM PRESCHOOL STORYTIME- AT SCHOOL 3RD- 5TH GAMING CLUB FROM 3:30-5 PM	08 HUGS STORYTIME 10:30-11:30 AM **READ TO A DOG 4:30-5:30 PM** 6TH-12TH GAMING CLUB 3-5 PM	09 **ADULT BOARD GAME NIGHT WITH SPIELBOUND INC. 6-9 PM** 3RD- 5TH GAMING CLUB 3:30-5 PM	10 ANIME CLUB (AGES 12- 18) 3-5 PM
11 CLOSED	12 LIBRARY BOARD MEETING 4-5 PM NEB. WRITERS COLLECTIVE TEEN WRITING WORKSHOP 4-5 PM STEAM EDUCATION 4-H CAREER ACADAMY 1:30-3:30 PM	13 VALENTINES DAY STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5 PM	14 3RD-5TH GAMING CLUB FROM 3:30-5 PM	15 SENSORY STORYTIME (COLORS) 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5 PM DISCOVER OUR HISTORY 1-2:30 PM	16 3RD-5TH GAMING CLUB 3:30-5 PM	17 ***PIGEON CHARACTER STORYTIME 10:30 AM - 12:30 PM**
18 CLOSED	19 CLOSED FOR PRESIDENT'S DAY	20 LOVE YOURSELF STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5 PM	21 CL ELM PRESCHOOL STORYTIME- AT SCHOOL 3RD- 5TH GAMING CLUB FROM 3:30-5 PM	22 BIRD STORYTIME 10:30-11:30 AM CL AFTERSCHOOL BOOKCLUB 4:15-5 PM 6TH-12TH GAMING CLUB 3:30-5 PM	23 3RD- 5TH GAMING CLUB 3:30-5 PM	24 **(ADULT) JUST CRAFTIN' AROUND: VINTAGE BOOK MARK MAKING 12-1:30 PM**
25 LOSED	26 NEB. WRITERS COLLECTIVE TEEN WRITING WORKSHOP 4-5 PM STEAM EDUCATION 4-H CAREER ACADAMY 1:30-3:30 PM	27 WHEN I GROW UP MUSEUM DIRECTOR STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5 PM	28 **READ TO A DOG 4:30-5:30 PM** 3RD- 5TH GAMING CLUB FROM 3:30-5 PM	29 LEAP DAY STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5 PM	01 3RD-5TH GAMING CLUB 3-5PM	02

ALL MONTH:

- 1000 BOOKS BEFORE KINDERGARTEN: ASK A LIBRARIAN TO SIGN UP AND START EARNING PRIZES!
- KID'S MONTHLY SCAVENGER HUNT: CAN YOU FIND THE ALL OF THE HIDDEN GNOMES?
- SPICE KIT: THIS MONTH'S SPICE KIT IS BROWNIES! PICK UP WHILE SUPPLIES LAST.
- S.T.E.M. KIT: PICK UP A NEW TAKE HOME S.T.E.M. KIT EACH WEEK, WHILE SUPPLIES LAST!



Carter Lake Public Library: February 2024

Register for events
on the CLPL
website or email
register@carterlake
publiclibrary.org

EARLY CHILDHOOD

Family Storytime

(Tues./Thurs. 10:30-11:30 AM): Join us for stories, rhymes, and activities with Ms. Meggie!

1000 Books Before Kindergarten (Ongoing): Make lasting memories by reading with your little one! Ask a librarian how to start tracking books and earning prizes!

Pigeon (by Mo Willems) Character Storytime (Feb. 17, 10:30-12:30 PM): Join special guest Pigeon by Mo Willems, for stories, songs, movements, and activities! Photos with Pigeon are permitted.

When I Grow Up Storytime... (Last Tuesday of the month, 10:30-11:30 AM): Join the library for a special storytime with a guest to talk about their career! Each session is different with a new guest, story, songs, and activities.

ALL AGES

Read to a Dog (Feb. 8th & 28th from 4:30-5:30 PM): Work on your reading skills, speaking out loud, or just come enjoy some dogs! These therapy dogs from Pups with a Purpose are the best listeners and offer the best company!

HOURS

Monday - Friday Saturday Sunday 10AM-6PM 10AM-2PM Closed KIDS & TEENS

Grab an interactive S.T.E.M. kit to make at home! Each kit contains all the materials needed to make something awesome! While supplies last.

Nebraska Writer's Collective Workshop (Every Mon., 4-5 PM): Ages 12-18

Do you like creative writing or are you looking for a new way to meet others and express yourself? Come and foster your writing talents and prepare for the annual All Rights Reserved spoken word festival in March. Snacks and all materials provided! Registration required.

Pigeon (by Mo Willems) Character Storytime (Dec. 2nd, 10:30-11:30):

Elementary-aged kids are welcome! Join special guest Pigeon, by Mo Willems, for stories, songs, movements, and activities! Photos with Pigeon are permitted.

S.T.E.A.M. Education 4-H Career Acadamy (Every Mon., 1:30-3:30 PM for grades 7th-12th): Come get hands-on experience learning S.T.E.A.M. skills through fun activities. Learn about different paths to higher education and different high-demand fields!

Nebraska Writers Collective Workshop (First Saturday of the month, for ages 16+, 1-2 PM): Come learn self-expression through writing or work on your writing skills!

Gaming Club (grades 3rd-5th Wed. & Fridays, 6th-12th Tues. & Thursdays from 3:30-5 PM):
Come game at the library with other gamers during these set times and days for different grade levels. Enjoy all the games the library has to over and make some friends!

Anime Club (Feb. 10, 12-1PM) For Ages 12-18: Come watch some anime at the library! See what's showing!







ADULTS

Take Home Spice Kit: Brownies! Get out of your culinary rut and try something new! Pick up a kit containing dry ingredients and a brownie recipe! While supplies last.

Laker's Review Book Club
(1st Thurs 11-12 PM): Join the library's
monthly book club! Each month the club
chooses 1-2 interesting reads. Then meet to
discuss and choose the next book. Contact a
librarian if you'd like to join.

Library Board Meeting: The next meeting is Feb. 12. 4-5 PM

The Library Board Meeting is an open meeting where those of the community are welcome to join.

Discover Our History (Thurs, 1:00-2:30 PM): Do you have old photos, stories, or newspaper clippings? We need you to help preserve Carter Lake History!

Just Craftin' Around (Feb. 24, 12-1:30 PM.): Join us for our Adult Craft Program! This month we are making Vintage Bookmarks! Register ahead so we know how many supplies to get!

Adult Game Night with Spielbound: (Feb. 9th, 6-9 PM.): The Spielbound Board Game Cafe will be partnering with the library for an adults-only Board Game session!

Nebraska Writers Collective Workshop
(First Saturday of the month, for ages 16+,
1-2 PM): Come learn self-expression through
writing or work on your writing skills!

CONTACT

(712) 347-5492 | carterlakelibrary.org info@carterlakelibrary.org



BLASTBALL

Introduction to baseball & team concepts- Simplified version of T-Ball

FEE:

CLCC member based NON MEMBER MEMBER \$25 \$30

INCLUDES: PERSONALIZED JERSEY

FUN

NEW

LEAGUE!

T-BALL

COACH PITCH

baseball

fundementals & team

concepts. 3/4 of the

season will be coach

pitch and transition

into kid pitch.

3 & 4 year olds 5 & 6 year olds 6 & 7 year olds Advancement of

Introduction to baseball fundementals & team concepts. The beginning of the season will hit off tee and transition into coach pitch

FEE:

CLCC member based MEMBER MEMBER

\$40

\$45

FEE: CLCC member based

MEMBER \$50

MEMBER

JERSEY & HAT

INCLUDES: PERSONALIZED INCLUDES: PERSONALIZED **JERSEY & HAT**

BASEBALL & SOFTBALL

8 & 13 year olds 110 13U

> INCLUDES: \$65

\$75

PERSONALIZED JERSEY, PANTS, BELT & HAT/VISOR

CONTACT KENDRA **HOLLENBACH** 402.212.2036 PARKSANDREC@ CARTERLAKE-IA.GO\

QUESTIONS:

CARTER LAKE PARKS

SPRINGSIGN UPS



AGES: PreK-8th

\$65 Includes registration and custom uniform

FUN NEW LEAGUE!

Sign up at CL Community Center 12/15/23 - 2/23/24

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Carter Lake Public Library: March 2024



EARLY CHILDHOOD

Family Storytime

(Tues./Thurs. 10:30-11:30 AM): Join us for stories, rhymes, and activities with Ms. Meggie!

1000 Books Before Kindergarten (Ongoing): Make lasting memories by reading with your

little one! Ask a librarian how to start tracking books and earning prizes!

When I Grow Up Storytime... (Last Tuesday of the month, 10:30-11:30 AM): Join the library for a special storytime with a guest to talk about their career! Each session is different, with a new guest, story, songs, and activities.

ALL AGES

Read to a Dog (Mar. 14th & 27th from 4:30-5:30 PM): Work on your reading skills, speaking out loud, or just come enjoy some dogs! These Therapy dogs are the best listeners and offer the best company!

HOURS

Monday - Friday Saturday Sunday 10AM-6PM 10AM-4PM Closed

KIDS & TEENS

Take Home S.T.E.M. Kit:

Grab an interactive S.T.E.M. kit to make at home! Each kit contains all the materials needed to make something awesome! While supplies last.

Nebraska Writer's Collective Workshop
POETRY

(Every Mon., 4-5 PM): Ages 12-18

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S.T.E.A.M. Education 4-H Career Academy (Every Mon., 1:30-3:30 PM for grades 7th-12th): Come get hands-on experience learning S.T.E.A.M. skills through fun activities. Learn about different paths to higher education and different high-demand fields!

Nebraska Writers Collective Workshop
CREATIVE WRITING WORKSHOP
(First Saturday of the month, for ages 16+,
1-2 PM): Come learn self-expression through
writing or work on your writing skills!

Gaming Club (grades 3rd-5th Wed. & Fridays, and 6th-12th Tues. & Thursdays from 3:30-5 PM): Come game at the library with other gamers during these set times and days for different grade levels. Enjoy all the games the library has while making new friends!



ADULTS

Take Home Spice Kit: Vegetable Soup! Get out of your culinary rut and try something new! Pick up a kit containing dry ingredients and vegetable soup recipe! While supplies last.

Laker's Review Book Club
(1st Thurs 11-12 PM): Join the library's
monthly book club! Each month, the club
chooses 1-2 interesting reads. Then meet to
discuss and choose the next book. Contact a
librarian if you'd like to join.

Library Board Meeting: The next meeting is (Mar. 11, 6-7 PM)

The Library Board Meeting is an open meeting where those of the community are welcome to join.

Discover Our History
(Thurs, Mar. 14 1:00-2:30 PM): Do you have old photos, stories, or newspaper clippings?
We need you to help preserve Carter Lake History!

Just Craftin' Around (Mar. 23, 12-1:30 PM.): Join us for our Adult Craft Program! This month we are making Garden Lanterns! Register ahead so we know how many supplies to get!

Adult Game Night with Spielbound: (Mar. 8th 6-9 PM.): The Spielbound Board Game Cafe will be partnering with the library for an adults-only Board Game session!

Nebraska Writers Collective Workshop
Creative Writing Workshop
(First Saturday of the month, for ages 16+Adult, 1-2 PM): Come learn self-expression
through writing or work on your writing skills!

CONTACT

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CARTER LAKE PUBLIC LIBRARY

MAR	CH20	24

ONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 TEAM EDUCATION 4-H CAREER CADEMY 30-3:30 PM EB. WRITERS COLLECTIVE TEEN /RITING WORKSHOP 4-5 PM	27 STORYTIME 6TH-12TH GAMING CLUB 3-5PM	28	29 STORYTIME 6TH-12TH GAMING CLUB 3-5PM	01 3RD-5TH GAMING CLUB FROM 3:30-5PM	02 NEB. WRITERS COLLECTIVE CREATIVE WRITING WORKSHOP 16+ - ADULT 1-2 PM
4 TEAM EDUCATION 4-H CAREER CADEMY 30-3:30 PM EB. WRITERS COLLECTIVE TEEN VRITING WORKSHOP 4-5 PM	05 CLOVER STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5PM	06 CL ELM PRESCHOOL STORYTIME-AT SCHOOL 3RD-5TH GAMING CLUB FROM 3:30-5PM	07 UNICORNS STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5PM	OB SPIELBOUND BOARD GAME NIGHT 6-9 PM 3RD-5TH GAMING CLUB FROM 3:30-5PM	09
TEAM EDUCATION 4-H CAREER CADEMY 30-3:30 PM IEB. WRITERS COLLECTIVE TEEN VRITING WORKSHOP 4-5 PM IBRARY BOARD MEETING 6-7 PM	12 SENSORY STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5PM MAKE YOUR OWN POKEMON 3:30-5PM	13 3RD-5TH GAMING CLUB FROM 3:30-5PM	14 PIE STORYTIME 10:30-11:30AM DISCOVER OUR HISTORY 1-2:30 PM **READ TO A DOG** 4:30-5:30	15 3RD- 5TH GAMING CLUB FROM 3:30-5PM	16
TEAM EDUCATION 4-H CAREER CADEMY 30-3:30 PM EB. WRITERS COLLECTIVE TEEN VRITING WORKSHOP 4-5 PM	19 STORYTIME: WHEN I GROW UP CONSTRUCTION WORKER 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5PM	20 CL ELM PRESCHOOL STORYTIME- AT THE SCHOOL 3RD- 5TH GAMING CLUB FROM 3:30-5PM	21 BUNNY STORYTIME 10:30-11:30 AM 6TH-12TH GAMING CLUB 3:30-5PM	22 3RD- 5TH GAMING CLUB FROM 3:30-5PM	23 JUST CRAFTIN' AROUND GARDEN LANTERNS 12:00-1:30 PM
TEAM EDUCATION 4-H CAREER CADEMY 30-3:30 PM IEB. WRITERS COLLECTIVE TEEN VRITING WORKSHOP 4-5 PM GUISHY PAINTING DROP IN WHILE SUPPLIES LAST)	26 STORYTIME: EGG HUNT 10:30-11:30AM 6TH-12TH GAMING CLUB 3:30-5PM	27 3RD-5TH GAMING CLUB FROM 3:30-5PM **READ TO A DOG** 4:30-5:30 SQUISHY PAINTING DROP IN (WHILE SUPPLIES LAST)	28 STORYTIME 10:30-11:30AM 6TH-12TH GAMING CLUB 3:30-5PM	29. 3RD- 5TH GAMING CLUB FROM 3:30-5PM	30

ALL MONTH

- 1000 BOOKS REFORE KINDERGARTEN: ASK A LIBRARIAN TO SIGN LIP AND START FARNING PRIZE
- KID'S MONTHLY SCAVENGER HUNT: FIND ALL OF THE HIDDEN DR. SEUSS ITEMS AND WIN A PRIZE!
- SPICE KIT: THIS MONTH'S SPICE KIT IS VEGETABLE SOUP! PICK UP WHILE SUPPLIES LAST.
- S.T.E.M. KIT: PICK UP A NEW TAKE-HOME S.T.E.M. KIT EACH WEEK, WHILE SUPPLIES LAST!

March Fitness Schedule

YADNOM

BODYPUMP

5:15AM

SILVER SNEAKERS

9:00AM

YOUTH WEIGHT TRAINING

3:00pm-6:00pm

5:30PM

CERT/SAFETY COURSE

5:00PM

THURSDAY

CHAIR YOGA

ADULT WEIGHT TRAINING

11:00AM-1:00pm

BABY & ME

2:30 PM

MINDFULNESS/MEDITATION

4:00 PM

ADULT WEIGHT TRAINING

5:00pm-7:00pm

POUND

5:45 PM

BODYBALANCE

6:15 PM

TUESDAY

CHAIR YOGA 11:00AM

ADULT WEIGHT TRAINING

11:00AM-1:00pm

BABY & ME

2:30 PM MINDFULNESS/MEDITATION

4:00 PM

ADULT WEIGHT TRAINING

5:00 PM-7:00pm

CERT/SAFETY COURSE

5:00PM

BOOTCAMP

5:30PM

BODYBALANCE

6:30PM

FRIDAY

SILVER SNEAKERS

9:00AM

YOGA

6:00PM CERT/SAFETY COURSE

5:00PM

Carter Lake

Community Center

Dedicated to community, fitness and recreation

WEDNESDAY

BODYPUMP 5:15AM

SILVER SNEAKERS

9:00AM

YOUTH TUMBLING

4:00 PM - 5:00PM

BODYPUMP

5:30 PM

YOUTH SPEED & AGILITY

6:00PM

DANCEFIT

6:30 PM

BODYCOMBAT

7:15 PM

SATURDAY

BODYPUMP

7:00AM DANCEFIT

10:00AM

