

Carter Lake Newsletter

Hello,

The Riverfront Trail System Project along Abbot is running on schedule and the crews are doing an excellent job. The new part of the trail is a huge asset to our community. The trail system will connect us to the Omaha trail system. This project has been a long time in the planning. Please get out and enjoy the new part of the Trail System when you have time.

The City of Omaha will be replacing an existing sewer force main line from the east Omaha lift station to the 11th street lift station. The new alignment will be along Avenue H through Carter Lake. The city of Omaha will begin construction on November 27. This sewer project will last approximately one year. This new forced main will connect Omaha's lift station to the Carter Lake 9th street lift station. It will increase the reliability of our sewer service and Carter Lake's sanitary sewer service will not be affected during the construction.

Our Carter Lake Boy's and Girl's club's new building is coming to life. Recently, at the beam signing ceremony, I visited with the leadership of the club, and they are extremely excited about the future and what this building will bring to the program. The Boys and Girls Club is a great community partner and a huge bonus for our city.

Phase two of the Prairie Flower Casino Project is in progress and is expected to be completed in 18 months. Therefore, please take caution when travelling on Avenue H over the next few months. These two projects are happening at the same time; Thereby, it becomes a remarkably busy street. Lane and parking restrictions will be necessary during the construction period.

Have a happy Thanksgiving,

Sincerely, Mayor Ron Cumberledge

City of Carter Lake

950 East Locust Street

Carter Lake, IA 51510

Phone: (712) 347-6320

Fax: (712) 347-5454

Website: www.cityofcarterlake.com

Did you know you can view city council meetings via YouTube?

Find VIDEO on the city website and it will open the YouTube channel.

MAYOR

Ron Cumberledge (712) 847-0532

CITY COUNCIL

Keebie Kessler (712) 355-0603

Pat Paterson (402) 305-4551

Victor Skinner (402) 658-1813

Jackie Wahl (402) 679-2116

Ashley Wilson (402) 250-6551

DEPARTMENTS

Animal Control (402) 658-1722

Building Inspector (712) 347-6320

City Hall (712) 347-6320

Community Center (712) 847-8565

Library (712) 347-5492

Maintenance (712) 347-5952

Parks (712) 847-8565

Police (712) 347-5920

7th ANNUAL SENIOR CHRISTMAS BASKET FOOD DRIVE

will get underway in November. We will be seeking volunteers to be part of this great project. As always, City Hall will be the drop off point to collect donations to provide baskets of groceries that will be delivered to Carter Lake Seniors for Christmas.

Suggested items to donate are: canned fruits, vegetables, soups, and meats; dry potatoes, stuffing mix, cake/muffin mixes; healthy snack bars, peanut butter, popcorn, cookies, crackers, and pudding packs; macaroni & cheese, hamburger helper, cold or hot cereals.

Cash donations are desperately need and will be used for the purchase of fresh meat from Fareway. A meat bundle will be included with each basket the day of delivery on December 20th.

If you are interested in being part of the volunteer group or know someone who could benefit from this wonderful gift, please contact Jackie at the City Hall (712) 347-6320.



**American
Red Cross**

GIVE SOMETHING THAT
Means Something®
GIVE BLOOD

Blood Drive
Carter Lake Fire Station

Training Room

Friday, December 15, 2023
10:00 a.m. to 4:00 p.m.

Please contact Diana at the Carter Lake fire department at (712) 347-5900 or visit RedCrossBlood.org and enter: CarterLakeFire to schedule an appointment.



Scan to be directed to
RapidPass®

**Our gift to you: Come give Dec. 1 to 17 for a \$10
Amazon.com Gift Card by email. rcblood.org/Amazon**



Scan to schedule
an appointment.

Schedule your blood donation appointment today!

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

**POTTAWATTAMIE COUNTY
VETERAN SERVICE OFFICER
CARTER LAKE CITY HALL**

**STARTING IN AUGUST
9AM-3PM ON 2ND & 4TH WEDNESDAYS**

Available to assist with questions and provide assist with services such as applying for disability claims, enrolling in VA health care and other veteran benefits. CALL (712) 328-5797 to schedule an appointment or walk-in for assistance based upon availability.

Carter Lake Seniors
FUNDRAISER



NOVEMBER 14
4P - 6P

@ the carter lake community center

Come support the Carter Lake Seniors and join us for a hot chocolate bar and cookies. We will also have holiday books available to enjoy with each other as well!

\$ 1 per serving (serving is 1 cup and 1 cookie)



November 2023

Carter Lake Public Library

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30 *After School Halloween Snack & Movie* (Kids) 2:30PM *Nebraska Writer's Collective Workshop* (Teens) 4-5PM	31 Halloween Storytime Party 10:30-11:30AM	1 CL Elementary Storytime 10:30-11:30AM	2 Storytime Pie 10:30-11:30AM *Laker's Review Book* 11AM	3	4	5 Library Closed: All Day
6 *Mario Kart Tournament* 2:30-4:00PM *NWC Workshop* (Teens) 4-5PM	7 Storytime Fall 10:30-11:30AM	8 CL Elementary Storytime 10:30-11:30AM	9 Storytime Pumpkins 10:30-11:30AM *Senior Crafternoon* (60+): 12-1:30PM	10 Contribute to the Veterans Day Display	11	12 Library Closed: All Day
13 Closed in honor of Veterans Day	14 Storytime Food! 10:30-11:30AM	15 CL Elementary Storytime 10:30-11:30AM	16 Storytime Turkeys 10:30-11:30AM	17 S.T.E.M. & Art Drop In (Youth) 4-5PM	18 *Just Craftin' Around* (Fall Decor) 12:00-1:30 PM	19 Library Closed: All Day
20 Lego Club 2:30-4:00PM *NWC Workshop* (Teens) 4-5PM	21 Storytime Thanksgiving 10:30-11:30AM	22	23 Closed for Thanksgiving	24 Closed for Thanksgiving	25 Closed for Thanksgiving	26 Library Closed: All Day
27 *Digging Dinos* Omaha Children's Museum 3-4PM *NWC Workshop* (Teens) 4-5PM	28 Storytime Dinosaurs 10:30-11:30AM	29 CL Elementary Storytime 10:30-11:30AM	30 Storytime Dinosaurs 10:30-11:30AM	1 Penelope Rex Character Storytime 10:30-11:30 AM COME MEET PENELOPE LIVE & IN-PERSON!	2	3 Library Closed: All Day

All Month:

- 1000 Books Before Kindergarten: Ask a librarian to sign up and start learning prizes!
- Kid's Monthly Scavenger Hunt: Can you find the dinosaurs in the library?

* These programs require registration. *
Register on the CLPL website or email
register@carterlakepubliclibrary.org



Follow us on Facebook and
subscribe to our e-newsletter
for the latest info!



Carter Lake Public Library: November 2023

ALL AGES

Veterans Day Display (Nov. 1-11th):

Help us honor those who've served by adding some art or a thank you note to our Veterans Day display.

EARLY CHILDHOOD

Family Storytime

(Tues./Thurs. 10:30-11:30AM): Join us for stories, rhymes, and activities with Ms. Meggie and Ms. Chelsea! This month's theme is self-care!

1000 Books Before Kindergarten (Ongoing):

Make lasting memories by reading with your little one! Ask a librarian how to start tracking books and earning prizes!

Penelope Rex (The Dinosaur) Character Storytime (Dec. 2nd, 10:30-11:30AM):

Join special guest Penelope Rex, the dinosaur, for stories, songs, movements, and activities! Photos with Penelope Rex are permitted.



HOURS

Monday – Friday	Saturday	Sunday
10AM–6PM	10AM–2PM	Closed

CONTACT

(712) 347-5492 | carterlakelibrary.org
info@carterlakelibrary.org

KIDS & TEENS

Nebraska Writer's Collective Workshop (Every Mon., 4-5 PM): Ages 13-18

Do you like creative writing or are you looking for a new way to meet others and express yourself? Come and foster your writing talents and prepare for the annual All Rights Reserved spoken word festival in March. Snacks and all materials provided! Registration required.

Monday Mayhem (Mon 2:30-4:00):

Snacks and fun Monday afternoon!

- ***Mario Kart Tournament* (Nov. 6):** Do you think you can beat your friends? Put your karting skills to the test and try to come out on top! Registration required.
- **Lego Club (Nov. 20th):** It's back! Take on the librarian's challenge or make something totally unique!
- ***Digging Dinos with the Omaha Children's Museum* (Nov. 27, 3-4PM):** Get down and dirty while learning more about and digging for dinosaur fossils! Registration required.

S.T.E.M. and Art Drop In (Nov. 17th, 4-5PM):

Stop by any time from 4-5PM and get your hands down and dirty working on an art of S.T.E.M. project! Registration required.

Penelope Rex Character Storytime (Dec. 2nd, 10:30-11:30):

Elementary-aged kids welcomed! Join special guest Penelope Rex, the dinosaur, for stories, songs, movements, and activities! Photos with Penelope Rex are permitted.

ADULTS

Laker's Review Book Club

(1st Thurs 11-12PM): Join the library's monthly book club! Each month the club chooses 1-2 interesting reads. Then meet to discuss and choose the next book. Contact a librarian if you'd like to join.

Library Board Meeting (2nd Mon 4:30-6:00):

The Library Board Meeting is an open meeting where those of the community are welcome to join.

Senior Crafternoon for ages 60+

(Thurs, 12:30-1:30PM): The library is partnering with the Senior Program to offer crafts to seniors! Registration required.

- November 9th: Pumpkin Making

Just Craftin' Around

(Sat., Oct. 21st, 12-1:30PM): (18+)

Connect with your creative side at the library! In November, we'll be making Fall decor! Registration required.

Register for events
on the CLPL
website or email
[register@carterlake
publiclibrary.org](mailto:register@carterlakepubliclibrary.org)



WHERE COMMUNITY AND LEARNING COME TOGETHER.

December 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 *Digging Dinos* Omaha Children's Museum 3-4PM NWC Workshop 4-5PM	28 Storytime Lights 10:30-11:30AM	29 CL Elementary Storytime 10:30-11:30AM	30 Storytime Snowmen 10:30-11:30AM	1	2 Penelope Rex Character Storytime 10:30-11:30 AM COME MEET PENELOPE LIVE & IN-PERSON!	3 Library Closed: All Day
4 NWC Workshop 4-5PM	5 Storytime Hot Chocolate 10:30-11:30AM	6	7 Storytime Reindeer 10:30-11:30AM	8	9 Holiday Shopping During Craft Fair	10 Library Closed: All Day
11 NWC Workshop 4-5PM	12 Storytime Frozen 10:30-11:30AM	13 CL Elementary Storytime 10:30-11:30AM	14 Storytime The Grinch 10:30-11:30AM *Senior Crafternoon* (60+): 12:30-1:30PM Registration Required	15 Adult Game Night with Spielbound 6-9PM *Registration Required*	16 Winter *Holiday* Party Registration Required 11-1:30 PM	17 Library Closed: All Day
18 Make Holiday Cards 10:30-11:30AM NWC Workshop 4-5PM	19 Storytime Snowflakes 10:30-11:30AM	20 *Bubblology: Omaha Children's Museum* 2-3PM Registration Required	21 Storytime Winter Party 10:30-11:30AM	22	23	24 Library Closed: All Day
25 Library Closed: All Day	26	27 Clay Snowmen 10:30-11:30AM	28 Storytime 10:30-11:30AM	29	30 *New Years Eve Eve Balloon Drop Party* Registration Required 11-1PM	31 Library Closed: All Day

All Month:

- 1000 Books Before Kindergarten: Ask a librarian to sign up and start learning prizes!
- Kid's Monthly Scavenger Hunt: Can you find the dinosaurs in the library?
- Spice Kit: This month's spice kit is classic chili! Pick up while supplies last.
- S.T.E.M. Kit: Pick up a new take home S.T.E.M. kit each week, while supplies last!
- Book Bundle: Come and check out a set of picture books, a family-friendly DVD, popcorn, and hot cocoa.

* These programs require registration. *
Register on the CLPL website or email
register@carterlakepubliclibrary.org



Watch for pop
up events!



Programs
are always
FREE!



Follow us on Facebook and
subscribe to our e-newsletter
for the latest info!



Carter Lake Public Library: December 2023



Register for events
on the CLPL
website or email
register@carterlake
publiclibrary.org

EARLY CHILDHOOD

Family Storytime
(Tues./Thurs. 10:30-11:30 AM): Join us for stories, rhymes, and activities with Ms. Meggie and Ms. Chelsea! This month's theme is self-care!

1000 Books Before Kindergarten (Ongoing): Make lasting memories by reading with your little one! Ask a librarian how to start tracking books and earning prizes!

Penelope Rex (The Dinosaur) Character Storytime (Dec. 2nd, 10:30-11:30 AM): Join special guest Penelope Rex, the dinosaur, for stories, songs, movements, and activities! Photos with Penelope Rex are permitted.

***Bubbleology with the Omaha Children's Museum (Dec. 20th, 2-3PM)*:** Come experience some amazing bubble magic and tricks with the bubble experts of the Omaha Children's Museum!

ALL AGES

***Winter Holiday Party* (Dec. 16th, 11-1:30 PM.)**

Stay warm in the library with our Winter Holiday Party. Enjoy fun activities, snacks, and more! Great for all ages.

New Year's Eve Balloon Drop Party (Dec. 30th, 11-1 PM) Let's welcome the New Year together with a balloon drop at the library! There will be fun activities and snacks to enjoy.

KIDS & TEENS

NEW! Take Home S.T.E.M. Kit: Grab an interactive S.T.E.M. kit to make at home! Each kit contains all the materials needed to make something awesome! While supplies last.

***Nebraska Writer's Collective Workshop* (Every Mon., 4-5 PM): Ages 13-18** Do you like creative writing or are you looking for a new way to meet others and express yourself? Come and foster your writing talents and prepare for the annual All Rights Reserved spoken word festival in March. Snacks and all materials provided! Registration required.

Holiday Shopping (Dec. 9th): Stop by the library, during the Winter Craft Fair to do some holiday shopping for your family and friends!

Winter Craft: December 18th 3-5PM Come make some Winter Holiday Cards for friends and family!

Penelope Rex Character Storytime (Dec. 2nd, 10:30-11:30): Elementary-aged kids are welcome! Join special guest Penelope Rex, the dinosaur, for stories, songs, movements, and activities! Photos with Penelope Rex are permitted.

***Bubbleology with the Omaha Children's Museum (Dec. 20th, 2-3 PM):** Elementary students are welcome to join us for this magical bubble science event with the Omaha Children's Museum.

Clay Snowman Craft (Dec. 27th, 10:30-11:30): Come create your own clay snowman!



CARTER LAKE PUBLIC LIBRARY
WHERE COMMUNITY AND LEARNING COME TOGETHER



ADULTS

NEW! Take Home Spice Kit: Classic Chili! Get out of your culinary rut and try something new! Pick up a kit containing all the spices needed for a classic chili recipe! While supplies last.

***Laker's Review Book Club* (1st Thurs 11-12 PM):** Join the library's monthly book club! Each month the club chooses 1-2 interesting reads. Then meet to discuss and choose the next book. Contact a librarian if you'd like to join.

Library Board Meeting: The next meeting is in Jan.

The Library Board Meeting is an open meeting where those of the community are welcome to join.

***Senior Crafternoon for ages 60+* (Thurs, 12:30-1:30 PM):** The library is partnering with the Senior Program to offer crafts to seniors! Registration required.

- December 14th: Sea Shell Angels

***Just Craftin' Around* Will be back for January!**

***Adult Game Night with Spielbound*:** December 15th, 6-9 PM. The Spielbound Board Game Cafe will be partnering with the library for an adults-only Board Game session!

CONTACT

(712) 347-5492 | carterlakelibrary.org
info@carterlakelibrary.org

HOURS

Monday - Friday	Saturday	Sunday
10AM-6PM	10AM-2PM	Closed



November

ACTIVITY CALENDAR



MON - FRI: 10A-7P
SAT: 10A-2P

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10A - 12P	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	CLOSED
11:00 AM		CHAIR YOGA		CHAIR YOGA			CLOSED
12:00 pm						3V3 BBALL	CLOSED
1:00 pm	CHAIR EXERCISE		PICKLEBALL		CHAIR EXERCISE	3V3 BBALL	CLOSED
2:30pm		BABY & ME		BABY & ME		CLOSED	CLOSED
3:00 pm						CLOSED	CLOSED
4:00 pm	FLAG FOOTBALL	MEDITATION DODGEBALL	GAGA BALL TUMBLING	MEDITATION	SCOOTER GAMES	CLOSED	CLOSED
5:00 pm	VOLLEYBALL 5P-7P VIRTUAL FITNESS 5P-7P	SELF DEFENSE OPEN GYM	BASEBALL/SOFTBALL FUNDAMENTALS SPEED/STRENGTH AGILITY VIRTUAL FITNESS 5P-7P	SELF DEFENSE PICKLEBALL 5P-7P	3V3 BBALL 5P-7P VIRTUAL FITNESS 5P-7P	CLOSED	CLOSED
6:00 PM						CLOSED	CLOSED

*Anytime a scheduled event is not occurring (black print) the gym is considered "open gym"



December

GYM CALENDAR



MON - FRI: 10A-7P
SAT: 10A-2P

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10A - 12P	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	CLOSED
11:00 AM							CLOSED
12:00 pm							CLOSED
1:00 pm							CLOSED
2:30pm						CLOSED	CLOSED
3:00 pm						CLOSED	CLOSED
4:00 pm			OPEN GYM TUMBLING			CLOSED	CLOSED
5:00 pm			SOTBALL/BASEBALL FUNDAMENTALS SPEED/STRENGTH AGILITY	PICKLEBALL 5-7		CLOSED	CLOSED
6:00 PM						CLOSED	CLOSED

*Anytime a scheduled event is not occurring (black print) the gym is considered "open gym"

November FITNESS SCHEDULE

MONDAY

BODYPUMP
5:15AM
SILVER SNEAKERS
9:00AM
BOOTCAMP
5:30PM

TUESDAY

CHAIR YOGA
11:00AM
BABY & ME
2:30 PM
MINDFULNESS/MEDITATION
4:00 PM
BOOTCAMP
5:30PM
SELF DEFENSE
6:00 PM
BODYBALANCE
6:30PM

WEDNESDAY

BODYPUMP
5:15AM
SILVER SNEAKERS
9:00AM
BODYPUMP
5:30 PM
DANCE FITNESS
6:30 PM
BODYCOMBAT
7:15 PM

THURSDAY

CHAIR YOGA
11:00AM
BABY & ME
2:30 PM
MINDFULNESS/MEDITATION
4:00 PM
POUND
5:45 PM
SELF DEFENSE
6:00 PM
BODYBALANCE
6:15 PM

FRIDAY

SILVER SNEAKERS
9:00AM
BODYBALANCE
6:00PM

SATURDAY

BODYPUMP
7:00AM
DANCE FITNESS
10:00AM

December FITNESS SCHEDULE

MONDAY

BODYPUMP
5:15AM
SILVER SNEAKERS
9:00AM
BOOTCAMP
5:30PM

TUESDAY

CHAIR YOGA
11:00AM
BABY & ME
2:30 PM
MINDFULNESS/MEDITATION
4:00 PM
BOOTCAMP
5:30PM
SELF DEFENSE
6:00 PM
BODYBALANCE
6:30PM

WEDNESDAY

BODYPUMP
5:15AM
SILVER SNEAKERS
9:00AM
BODYPUMP
5:30 PM
DANCE FITNESS
6:30 PM
BODYCOMBAT
7:15 PM

THURSDAY

CHAIR YOGA
11:00AM
BABY & ME
2:30 PM
MINDFULNESS/MEDITATION
4:00 PM
POUND
5:45 PM
SELF DEFENSE
6:00 PM
BODYBALANCE
6:15 PM

FRIDAY

SILVER SNEAKERS
9:00AM
BODYBALANCE
6:00PM

SATURDAY

BODYPUMP
7:00AM
DANCE FITNESS
10:00AM

Carter Lake COMMUNITY CENTER

FITNESS INSTRUCTORS



Tasha Conley

TASHA IS CERTIFIED IN MIXXEDFIT AND DANCE FITNESS. HER FAVORITE TYPE OF EXERCISE IS GROUP FITNESS, AND SHE BELIEVES THAT WHEN WORKING OUT IN A GROUP, YOU CAN ACHIEVE FAR MORE THAN YOU EVER COULD ALONE. HAVING 20 YEARS OF EXPERIENCE WORKING AS A REGISTERED NURSE GIVES HER A UNIQUE PERSPECTIVE ON THE IMPORTANCE OF HEALTH AND WELLBEING. TASHA CAN HELP YOU ON YOUR JOURNEY TO A HEALTHIER, HAPPIER LIFE.



Perris Scott

HER MISSION IS TO HELP WOMEN REALIZE THAT THEY ARE CAPABLE OF MUCH MORE THAN THEY GIVE THEMSELVES CREDIT FOR. THROUGH FAITH AND CONSISTENT EFFORT, SHE WAS ABLE TO LOSE 60LBS AND HELPS OTHERS TO DO THE SAME. SHE ENCOURAGES HER CUSTOMERS TO FOCUS ON MORE THAN THE SCALE. SUCCESS IS NOT LINEAR, AND HER CLIENTS FIND THAT EACH STOP IN THE JOURNEY IS MORE IMPORTANT THAN THE "END" GOAL ITSELF.



Michelle Salerno

MICHELLE IS A LICENSED MASSAGE THERAPIST AND CERTIFIED FITNESS INSTRUCTOR IN IA AND NE. SHE HAS A PASSION FOR PEOPLE, GROUP FITNESS AND HEALTH & WELLNESS. MICHELLE GRADUATED FROM OMAHA SCHOOL OF MASSAGE AND HEALTHCARE OF HERZING UNIVERSITY IN DECEMBER OF 2013. MICHELLE CAN HELP YOU LOOK & FEEL YOUR BEST ON THE INSIDE AND OUT.



Jessica Claussen

WHILE ON HER JOURNEY TO LOSING OVER 100 LBS, SHE FOUND A PASSION FOR FITNESS AND NUTRITION. SHE HAS BEEN TEACHING GROUP FITNESS FOR 12 YEARS. JESSICA BELIEVES IN MEETING PEOPLE WHERE THEY ARE. SHE STRIVES TO MAKE EVERY CLASS FUN, SAFE AND MEMORABLE (WINK).

Carter Lake COMMUNITY CENTER

FITNESS INSTRUCTORS



Andrea Huey

"SHE BELIEVED SHE COULD, SO SHE DID."

ANDREA IS A WIFE, BOY MOM, AND DOG MOM. SHE HAS LIVED IN CARTER LAKE FOR OVER 12 YEARS. ANDREA HAS BEEN PASSIONATELY TEACHING GROUP FITNESS FOR OVER 6 YEARS AS A CERTIFIED LES MILLS BODYPUMP INSTRUCTOR AND A CERTIFIED GROUP FITNESS INSTRUCTOR.



Ed Clary

ED LOVES TEACHING AND HELPING PEOPLE ANY WAY HE CAN. AFTER ASSISTING IN COACHING TRACK, THAT'S WHEN HE LEARNED OF HIS AFFINITY AND GIFT FOR TEACHING/INSTRUCTING. HE TAUGHT MARTIAL ARTS FOR DECADES AND THEN TRANSITIONED INTO YOGA. HE LOVES THE MENTAL AND PHYSICAL HEALTH IT BRINGS.



Stacey Mecseji

STACEY IS A CERTIFIED BODYPUMP AND N.E.T.A. YOGA INSTRUCTOR WHO'S PASSIONATE ABOUT FITNESS. SHE IS OBSESSIVE ABOUT HOW BP (BARBELL CARDIO STRENGTH CLASS) AND YOGA COMPLEMENT EACH OTHER FOR OVERALL HEALTH. SHE LOVES TEACHING BODYPUMP AND YOGA BECAUSE PEOPLE IMMEDIATELY FEEL BETTER AFTER CLASS. SHE BELIEVES CONSISTENCY IS KEY!



Elaine Oetjen

ELAINE IS A "JILL OF ALL TRADES" AND HOLDS MANY CERTIFICATIONS. HER PASSION IS HELPING PEOPLE FEEL THEIR BEST AND HAVING FUN WHILE DOING SO. ANYONE THAT JOINS ELAINE FOR ONE OF HER OFFERED CLASSES CAN ATTEST THAT HER KNOWLEDGE AND LOVE FOR PEOPLE WILL KEEP YOU COMING BACK. ELAINE OFFERS SERVICES FROM NEWBORNS TO SENIORS.

Carter Lake COMMUNITY CENTER

INSTRUCTORS



Jeff Peck

JEFF IS A RESIDENT OF CARTER LAKE AND TEACHES SELF DEFENSE. HE HOLDS BELTS IN TAEKWONDO, BRAZILLIAN JIU-JITSU AND NINJUTSU. HE BELIEVES SELF DEFENSE IS SOMETHING EVERYONE SHOULD KNOW. IT OFFERS EMPOWERMENT, A POSITIVE ATTITUDE, SELF CONFIDENCE, THE ABILITY TO PROTECT YOURSELF AND MUCH MORE. HIS PASSION AND SENSE OF HUMOR MAKES HIS CLASSES FUN AND ENGAGING.

SHAPE YOUR BODY WITH

LES MILLS

VIRTUAL FITNESS

**SCHEDULED AND
ON-DEMAND
GROUP TRAINING
CLASSES.**

ALSO INCLUDES:

- BODYBALANCE (YOGA)
- BODY PUMP
- BODY ATTACK
- LES MILLS CORE
- BORN TO MOVE (YOUTH FITNESS)

**CLASSES FIT FOR BEGINNER,
INTERMEDIATE, AND
ADVANCED EXERCISERS! FIND
YOUR LOCAL STUDIO AT:**



"Carter Lake Community Center"
on Facebook

712-847-8565

1120 Willow Dr Carter Lake, IA
51510





SENIOR PROGRAM

NOVEMBER 2023

Activities marked with (***) we ask for registration prior to the event via phone or in person
These programs are available to the full Community of Carter Lake, regardless of age. Check out what we have to offer!

Bingo available to Seniors and CLCC Members every Monday, Wednesday, and Friday @ 12:30-2pm

*****Bingo Night-Tues
November 7th 5pm-7pm**



*****Family Meal**

Enjoy a home cooked meal the first and third Wednesday of the month! Next meals:
November 1st and 15th
11:45am-12:30pm

Outings Info...

*****Tuesday November 21st, we'll take another adventure! (TBD) If you need a ride, please let us know when you register. Limited seating available.**

*****Need a ride? We'll take you! We're offering seniors rides to...**

Shop at Wal-Mart!

Doctor's appointments!

Funeral Services!

Call ahead to reserve a ride, restrictions do apply.

Yoga Classes!

**Meet Elaine our Yoga Instructor
Tuesdays and Thursdays at...**

Chair Yoga 11am-12pm

Baby and Me class 2:30pm-3:30pm

Mindfulness and Meditation 4pm-5pm



Take some time to learn how you can manage your health with free education from Angel's Care every second Wednesday! Next seminar on November 8th at 10:30am.

Enjoy the favorites... Enjoy something new...



Games + Coffee Conversations

Cards, puzzles, board games and coffee!
Available every morning Monday-Friday 10am-4pm



*****Birthday Night**

Celebrate Fall birthdays on
November 30th!
5pm-7pm



*****Craftafternoons**

Show your creative side with crafting projects on the second and fourth Thursday of the month.
Project on: November 9th 12:30 pm-1:30 pm



*****Movie Night**

Enjoy watching a movie with friends and snacks!
The next premiere is November 16th 5pm-7pm

712-847-8565

"Carter Lake Community Center" on FB

1120 Willow Dr Carter Lake, IA

2023 Holiday with a Hero Application

MUST BE A CARTER LAKE RESIDENT TO APPLY

Name: _____

Address: _____

Phone Number: _____

Social Security Number: _____

Total Number of kids in household: _____

Currently on food stamps: Yes or No Currently receiving WIC: Yes or No

If you are receiving a basket or a certificate from any other agency, we cannot duplicate services. We will be cross referencing names with other organizations.

Signature of applicant: _____

Applications must be turned in to the **Carter Lake Police Station by November 10, 2023.**
Applications can be turned in between the hours of 8am to 4pm Monday thru Friday.

You must bring the following copies with you when you apply.

- 1. Current picture identification for Carter Lake –Driver’s license or ID**
- 2. Social Security Cards for everyone in the household**
- 3. Proof of household income for the last 30 days**
- 4. Current utility bill, with Carter Lake address, in your name within the last 30 days**
- 5. Birth certificates for all children**

Failure to have all the listed information attached will disqualify your application.

Applicants must also be willing to sign a release form allowing the Police Department or News media to use images of the children taken during the event for publication.

If you have any question, please contact Capt. Driscoll at the Police Station.

Holiday with a Hero provides a fun filled day for a number of children in need throughout Carter Lake while creating positive relationships with law enforcement. This unique December shopping experience assists children and can deter them from choosing a life of crime or violence.

Each child/family will be assigned and officer to shop with. The children will be given a spending amount of \$125.00 each to spend on essential clothing items. These items include, coats, boots, shoes, hats, gloves, socks, underwear, jeans or any other clothing items you feel they need.

Of course it's not all about clothes, we would like to be able to use some of the money to get each child one or two toys. Electronic purchases such as tables, iPad, cell phone, computers, gaming consoles and video games will not be allowed.

Each family will also be going home with a food basket that will have all the fixings needed to bake and serve Christmas dinner for the entire family.

Clothing: Please list 3 to 5 items your child/children need

Toys: Please list a couple toys your child/children want

The purchase of a family game may also be permitted if the child wants.

While every effort is made to assure all applicants will have a nice holiday, every family may not be able to be helped, depending on the number who applies and if you have received this benefit from our department in the previous years.

CARTER LAKE VILLAGE WINTER FESTIVAL



Sponsored by
Carter Lake
and

Your Energy Partner®

OPPD

Omaha Public Power District

- Noon - 4:00**
- Streetside Foods Truck
- 1:15**
- Santa Rides through Town on the Firetruck
- 2:00 - 4:00**
- Activities for Children
 - Photos with Santa, Mrs. Claus, and the Grinch
 - Letter Writing Station
 - Take Home Crafts
 - Cocoa by the Fire Pit w/ the Salvation Army Canteen
 - Mini HayRack Ride
 - Live Entertainment
 - Carol's Balloon Creations
 - Snowball Count
 - Live Nativity Scene
 - Xmas Sing Along (TBD)
 - Elf on the Shelf Hunt till found
 - Candy Cane Hunt
 - Reindeer Races



"Maybe Christmas,"
the Grinch thought,
"doesn't come from a
store. Maybe Christmas
—perhaps—
means a little bit more."
Dr. Seuss



VISIT SANTA

Carter Lake Community Center

CONTACT:
Jackie Wahl
402-679-2116

November 26, 2023

BRING YOUR
OWN CELL
PHONE OR CAMERA
FOR PHOTOS.



Thank you to our sponsors:





City of Omaha
Jean Stothert, Mayor

Public Works Department

Omaha/Douglas Civic Center
1819 Farnam Street, Suite 601
Omaha, Nebraska 68183-0601

Phone (402) 444-5220

Fax (402) 444-5248

Robert G. Stubbe, P.E.

Public Works Director

Dear Resident/Business/Property Owner:

The City of Omaha will replace an existing sewer force main line from the East Omaha Lift Station to 11th Street with a new line. The new alignment will be along Avenue H in Carter Lake, Iowa, and 11th and 15th Streets in Omaha. Construction is scheduled to begin November 27 and proceed through December 31, 2024. Here's what to expect during the project.

Who? The City of Omaha selected JEO Consulting Group to provide construction administration for this project. Valley Corporation will be handling the construction work.

What? The sanitary sewer force main serving East Omaha and Carter Lake will be replaced to increase reliability of service to the area. The existing sewer line will be abandoned. Your sanitary sewer service will not be affected during construction.

When? Construction is scheduled to begin November 27, 2023, and last through December 31, 2024.

Where? The new force main will connect the City's East Omaha Lift Station on 15th Street, run along Avenue H and tie into the North Interceptor Sewer on 11th Street. The Carter Lake Lift Station on 9th Street will also be connected to this new sewer force main. Construction will start on 11th Street and move east in phases along Avenue H, through Carter Lake, and end at 15th Street. The project will include 7 phases and you will receive prior notice about specific plans before the start of each phase.

Will there be access restrictions? Lane restrictions, street closings, and parking restrictions will be necessary during construction. During road closures, alternate routes will be assigned, and local access maintained with restrictions to driveways at select locations. **Property owners with restricted driveway access will be notified prior to any restrictions.**

Thank you in advance for your patience and help as we work to improve your service for the future.

PROJECT INFORMATION

- Contractor – Valley Corporation
- Anticipated start date – November 27, 2023
- Daytime Working Hours – 7 a.m. to 6 p.m.

***Note:** Construction notices specific to each project phase, duration, and clarification of work will be distributed to property owners.

***Note:** Start date and duration may vary due to unforeseen conditions.

WHAT TO EXPECT

- Construction traffic/material along street
- Temporary restriction to driveway access
- Temporary traffic restrictions/street closures
- Temporary parking restrictions
- Temporary sidewalk closures

CONTACT INFORMATION

If you have specific comments or questions regarding the plan or construction, please feel free to speak with the JEO representative:

JEO Consulting Group

Alyssa Vaughan

402.964.3965 | avaughan@jeo.com

If you have immediate questions or concerns during construction, please feel free to speak with the Contractor representative:

Valley Corporation

Darren Elliott

402.669-9033 | darren@valleycorp.com



Ciudad de Omaha
Jean Stothert, Alcaldesa

Departamento de Obras Públicas

Omaha/Douglas Civic Center
1819 Farnam Street, Suite 601
Omaha, Nebraska 68183-0601

Teléfono (402) 444-5220
Telefax (402) 444-5248

Robert G. Stubbe, P.E.
Director de Obras Públicas

Estimado Residente/Negocio/Dueño de Propiedad:

La ciudad de Omaha sustituirá una línea principal de alcantarillado a presión existente desde la estación de bombeo de aguas residuales del este de Omaha (*East Omaha Lift Station*) hasta la calle 11t por una nueva línea. El nuevo trazado se ubicará a lo largo de la avenida H de Carter Lake, Iowa, y las calles 11 y 15 de Omaha. La construcción está programada para comenzar el 27 de noviembre y continuará hasta el 31 de diciembre del 2024. Esto es lo que puede esperar durante el transcurso del proyecto.

¿Quién? La ciudad de Omaha seleccionó a *JEO Consulting Group* para encargarse de la administración de la construcción de este proyecto. *Valley Corporation* se encargará de los trabajos de construcción.

¿Qué? Se sustituirá la tubería principal de alcantarillado sanitario a presión que da servicio al este de Omaha y Carter Lake para aumentar la fiabilidad del servicio en la zona. La línea de alcantarillado existente será abandonada. Su servicio de alcantarillado sanitario no se verá afectado durante la construcción.

¿Cuándo? La construcción comenzará el 27 de noviembre del 2023 y durará hasta el 31 de diciembre del 2024.

¿Dónde? La nueva tubería a presión conectará la estación de bombeo de aguas residuales del este de Omaha en la calle 15, irá por la avenida H y enlazará con el colector interceptor de desagüe del norte en la calle 11. La estación de bombeo de aguas residuales de Carter Lake en la calle 9 también se conectará a esta nueva tubería de desagüe a presión. La estación de bombeo de aguas residuales de Carter Lake, en la calle 9, también se conectará a este nuevo colector. La construcción comenzará en la calle 11 y se moverá hacia el este en fases a lo largo de la Avenida H, a través de Carter Lake, y terminará en la calle 15. El proyecto incluirá 7 fases y usted recibirá un aviso previo sobre los planes específicos antes del comienzo de cada fase.

¿Habrá restricciones de acceso? Serán necesarias las restricciones de carriles, cierres de calles y restricciones de estacionamiento durante la construcción. Durante los cierres de carreteras, se asignarán rutas alternativas y se mantendrá el acceso local con restricciones a las entradas de vehículos en determinados lugares. **Los propietarios con acceso restringido serán notificados antes de cualquier restricción.**

Gracias por adelantado por su paciencia y cooperación mientras trabajamos para mejorar su servicio para el futuro.

INFORMACIÓN DEL PROYECTO

- Contratista – *Valley Corporation*
- Fecha Anticipada de Inicio – Noviembre 27, 2023
- Horario de trabajo durante el día – 7 am a 6 pm

***Nota:** las notificaciones de construcción específicas para cada fase, duración y aclaración del proyecto serán distribuidas a los dueños de las propiedades.

***Nota:** la fecha de inicio y duración puede variar debido a condiciones imprevistas.

QUÉ DEBE ESPERAR

- Tráfico y acumulación de materiales de construcción en las calles
- Restricción temporal al acceso de entrada a las viviendas
- Restricciones de tránsito y cierres de calles temporales
- Restricciones temporales de estacionamiento
- Cierres temporales de aceras

INFORMACIÓN DE CONTACTO

Si tuviese comentarios o preguntas específicas con respecto al plan o la construcción, por favor tenga la libertad de hablar con el representante de JEO:

JEO Consulting Group

Alyssa Vaughan

402.964.3965 | avaughan@jeo.com

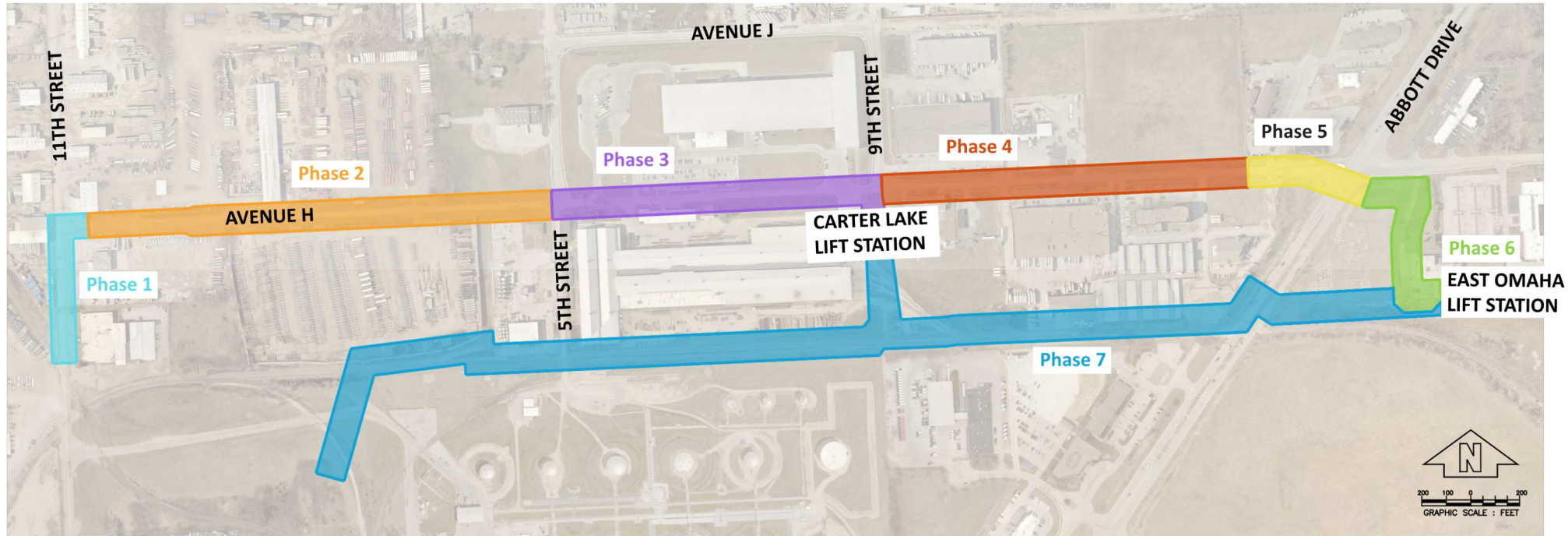
Si tuviese alguna pregunta o preocupación inmediata durante la construcción, por favor llame al representante del contratista:

Valley Corporation

Darren Elliott

402.669-9033 | darren@valleycorp.com

Anticipated Construction Phasing for Carter Lake Force Main Project



City of Omaha
Public Works Department
OPW 53651